

Jamie Lee Metz Makes A Commitment to Your Skin.  
By Eve Eriksson

Struggling with acne since my early twenties, I spent years trying every painful and expensive treatment available, with limited success. At Jamie Lee Metz Advanced Aesthetics I finally found a place where my dream to have clear and even skin is taken seriously. Jamie and her personally trained staff create an intimate setting where clients and aestheticians can work together to reach skincare goals. The center offers advanced peels, laser treatments, waxing and microdermabrasion in addition to their unparalleled European facials.

Each client is treated with the utmost care and consideration to their personal needs, creating measurable results for those of all ages looking to improve the appearance of their skin. To determine my skincare needs I went in front of the Visia machine that takes a picture of your face to measure skin damages, wrinkles and other flaws. This is something most people would not want to see but it is a painless and useful tool for aestheticians and also gives clients a way to measure their results.

I have been going to Jamie and her girls for months and I always look forward to my appointments. A facial at Jamie Lee Metz is a special experience. The office has a Victorian feel, decorated in luxe reds, velvets and lace. Each treatment room is appointed with crystal chandeliers, soothing music, waterfalls and even a bonbon to get you in the mood for some indulgence.

I usually go for the Girls Day Out package, a treatment that is part maintenance and part pleasure. It includes; brow shaping, facial, massage, aromatherapy, reflexology, scalp massage and three other enhancements of my choice. At over two hours of treatments, it seems like the relaxation will never end. For my enhancement I like the Vitamin K Eye Rescue that gives the impression I've had a full night's beauty rest.

I love Jamie's staff. They are very committed to my skincare and recommended, based on my Visia pictures, that I have a Jessner peel to reverse a decade of acne scars and sun damage. Jamie was kind enough to tell me to expect a little discomfort from this treatment. Yes, the peel burns, but it was a lot less painful than I expected. I felt so well taken care of by my aesthetician, Amber. She took into consideration my skin type, cleansing habits and pain tolerance. I left the office with my face feeling very tight and a little pink, but over the next few days my skin dried up and fell off to reveal a more even-toned, younger and plumper skin. My pores appeared smaller and over the next two weeks I saw continued improvements.

In addition to treatments like the new Green Herbal Peel that is perfect for acne scarring, laser treatments are available to treat signs of aging, skin discolorations or flaws and sun damage. Photo facials to reduce discolorations and Titan non-surgical facelifts are available as well.

Owner Jamie Lee Metz has over 25 years of experience in aesthetics. She is a board certified paramedical and master aesthetician. She was trained in Europe and has worked and studied with the top plastic surgeons and dermatologists in the West. An active member of the community Jamie supports other local business owners like her sister Holly Mortensen of Holly's Housecleaning. Jamie, a former model, gets her hair done by Jean Marc Levy one of the talented hair stylists at Cristophe's salon at the MGM. As the face of her business she takes a hands-on approach by continually training her staff. I recommend Jamie Lee Metz Advanced Aesthetics to all my closest friends and family or to anyone who wants to experience extraordinary luxury with serious skincare results. For appointments call (702) 869-9330 or visit [www.JamieLeeMetz.com](http://www.JamieLeeMetz.com) for more information.